

SHARE & CARE

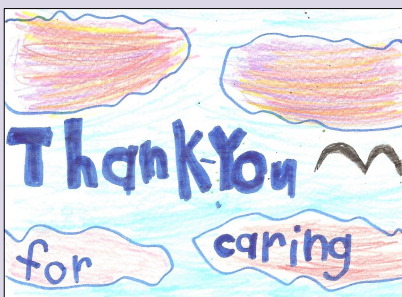
Building Community for Parents



Parent Drop In led by
Share & Care



Diana P. Lee, LMFT



**This event is FREE
and open to all
parents!**

Weekly Parent Drop-In

English and Spanish

Cedars-Sinai Share & Care invites parents to join us as we discuss a variety of parenting topics.

Few topics that will be discussed: Empathy, Gratitude, Positive Affirmation, Patience

When: Thursday, February 18th, 2021

Time: 1:00-1:45pm

Zoom Link: <https://cedars-sinai.zoom.us/j/7448877042>

Join us as we discuss together several topics:

- What it means to practice self-empathy
- Tips on understanding feelings of others

Questions? Email Diana Lee at Diana.lee@cshs.org

